

## **LIKAH DALAWA / LEVEL NINE / 2ND DEGREE BROWN**

- 1. MINIMUM TRAINING REQUIREMENTS**  
A minimum of six months and 48 classes for this level  
A minimum of thirty-three months and 222 classes
  
- 8. Anyo's/Forms**  
Stick form 4  
Stick form 4 with swrod
  
- 10. KNIFE & ESPADA Y DAGA**  
Empty-hand vs. knife disarms 1-5  
Strip outside  
Strip inside  
X-block inside to wrist lock  
X-block outside to backward throw  
Forearm strike  
Empty-hand vs. knife disarms 6-10  
Rising disarm  
Rising disarm with side by side  
Pass outside  
Behind to compress elbow  
Behind to backward throw  
5, 6, 7 drill & applications  
#5 – Roll to biceps  
#6 – Catch to biceps  
#7 – Thumb disarm  
Knife vs. knife drills  
5, 7, 6 drill  
Empty-hand Tapi-Tapi  
Flow drill  
Six-count drill  
Palis-Palis Espada y Daga Style  
Palis to tusok (thrust) vs. angles of attack 1-2  
Palis to traditional striking patterns vs. angles 1-2  
Palis to Tulak(push) vs. angles 1-2